
RESOURCE GUIDE *for* **CHEROKEE PARENTS**



GWOYI DBF

CHEROKEE NATION®

Office of Child Support Services

***Strong Parents, Strong Families,
Strong Foundations***

1525 KETCHER ST. BLDG C
TAHLEQUAH, OK 74464
OFFICE: (918) 453-5444
TOLL-FREE: 1 (866) 247-5346
childsupport.cherokee.org

In Partnership with Cherokee Nation Child Care & Development

Cherokee Nation Referrals and Resources

The Cherokee Nation offers many services to its citizens and to other Native American tribes throughout its tribal jurisdiction in northeastern Oklahoma. These services include but are not limited to: Housing Authority of the Cherokee Nation, Community Services, Education, Health Services, Human Services, Commerce Services and Career Services.

These services often are designed to help citizens help themselves. The Cherokee Nation dedicates resources through both federal funding and tribal revenue to provide these and other services to the citizens who need them most. Please refer to each Division's page or contact them directly to learn more about eligibility requirements for each one. You can also view more information at www.cherokee.org or the Cherokee Nation *Facebook* page.

Gadugi Portal – (918) 453-5058 **Support-gadugiportal@cherokee.org**

The [Gadugi Portal](#) empowers tribal citizens to stay engaged and connected. Citizens are easily able to update their address and information, which is shared across our departments instead of individually updating by department. The portal allows citizens to connect directly to services they need opening requests that will be flagged and completed by the department. Citizens can check for request status updates and task completion. The portal will continue to be expanded with important updates and other ways we can serve citizens.

TABLE OF CONTENTS

Resources Available Within Cherokee Nation

Career Services	Pg. 1
Commerce	Pg. 3
Education	Pg. 5
Health	Pg. 7
Housing Authority	Pg. 11
Human Services	Pg. 12
Indian Child Welfare	Pg. 18
Judicial	Pg. 21
Marshal Services	Pg. 21
Real Estate	Pg. 22
Tax Commission	Pg. 22
Transportation Services	Pg. 23
Tribal Registration	Pg. 25
Victim Services	Pg. 26

Resources Available Outside of Cherokee Nation

Adult/Child Abuse and Neglect	Pg. 28
Child Care	Pg. 30
Clothing	Pg. 30
Counseling	Pg. 31
Disabilities	Pg. 32
Domestic Violence	Pg. 33
Education	Pg. 34
Food Pantry	Pg. 35
Employment	Pg. 35
Health	Pg. 35
Housing	Pg. 37
Legal	Pg. 38
Libraries	Pg. 38
Shelters	Pg. 39
Transportation	Pg. 39
Volunteer Opportunities	Pg. 39
Youth Activity Centers	Pg. 40
Other	Pg. 40

CAREER SERVICES

About Career Services:

The mission of the Career Services Group is to develop and encourage individuals to achieve and maintain work habits and skills that promote employability and self-sufficiency through programs that encompass education, training, rehabilitation and supportive services.

Contact Career Services at **918-453-5555** or email career-services-dept@chokeee.org

Vocational and Educational Programs

We offer several in-house training programs as well as assistance to those who are enrolled in vocational training or Associate of Applied Arts or Applied Science degree programs. For any information on these programs below contact Career Services.

- Career Tech Grant
- Career Literacy and Adult Education
- Native American Career Technology
- Classroom Training and Adult Vocational Training
- Surge Tech Program
- Vocational Rehabilitation
- Career Skills Education Class
- Talking Leaves Job Corps
- Building Trades

Reintegration Program

The Reintegration Program serves Tribal Citizens who have been released from incarceration. Applications must be submitted within three months from the date of release. The program assists with employment and vocational services. For more information contact career services at 918-453-5555

Employment Programs

We have programs that can assist you in acquiring work experience, receive job specific training on the job, and provide you with assistance in your job search.

- On-the-Job Training
- Day Training
- Direct Placement
- Disability Employment Initiative (DEI)
- NHEDWG Opioid Grant
- Trade & Economic Transition (TEI)

- Work Experience
- Cherokee Nation Fire dancers

Youth Programs

Career Services has educational, vocational, leadership and employment programs for youth aged 16-24, both summer specific and year round.

- Youth Leadership Intern Program
- Summer Youth Program
- Career Tech Grant (*College Students*)

Assessments and Certifications

Career Services can assist you in assessing your skills and interests, leading to good career choices. We utilize the TABE test for literacy and math skills, the Oklahoma Career Information System for career exploration, Work Keys for the career readiness certificate, and we provide GED testing.

“Take the initiative and we will support your efforts. Career planning tools, training programs, and educational opportunities are available to job seekers and current Cherokee Nation employees seeking a promising career with Cherokee Nation and its businesses. With Cherokee Nation, you can determine your own success and make a real difference.”

Career Services Field Offices

Main Office (Cherokee County) ————— PH: (918) 453-5555
17675 S. Muskogee Ave. Tahlequah, Ok 74464

Bartlesville Office (Washington County) ————— PH: (918) 256-4576
1003 SW Virginia Bartlesville, Ok 74003 (Answered at Vinita)

Claremore Office (Rogers County) ————— PH: (918) 342-7450
23205 S. HWY 66 Claremore, Ok 74018

Jay Office (Delaware County) ————— PH: (918) 253-3243
12th & Cherokee Jay, Ok 74343

Three Rivers Health Center (Muskogee County) ————— PH: (918) 682-2077
1305 S. Country Club Road Muskogee, Ok 74403

Pryor Office (Mayes County) ————— PH: (918) 825-7988
6789 US 69 S Pryor, Ok 74361

Sallisaw Office (Sequoyah County) ————— PH: (918) 776-0416
100 E. Choctaw Ave Sallisaw, Ok 74955

Stilwell Office (Adair County) ————— PH: (918) 696-3124
406 W Locust Street Stilwell, Ok 74960

Tulsa Office (Tulsa County) ————— PH: (918) 574-2749
10837 E. Marshall St., Suite 101 Tulsa, Ok 74116

Vinita Health Clinic (Craig County) ————— PH: (918) 256-4576
27371 S. 4410 Rd. Vinita, Ok 74301

West Siloam Springs (Delaware County) ————— PH: (918) 422-6371
2416 U.S. 412 West Siloam Springs, Ok 74964

Vocational Rehabilitation (Cherokee County) ————— PH: (918) 453-5004
P.O. Box 948 Tahlequah, Ok 74465

Career Literacy/Adult Education Center ————— PH: (918) 458-0577
17822 South Muskogee Ave. Tahlequah, Ok 74464

**Literacy Center also located in Claremore, Jay, Pryor, Sallisaw & Stilwell*

Tribal Employment Rights Office (TERO) ————— PH: (918) 453-5334
PO Box 948 Tahlequah, Ok 74465

COMMERCE

About Commerce:

The commerce division is dedicated to helping build the economic security of tribal citizens and communities. Education and financial assistance is available to help Native Americans achieve their personal and business objectives.

Cherokee Nation Commerce Services Group dedicated to helping build the economic security of tribal citizens and communities. There are programs to build the assets of the tribal citizens, advance and encourage small business development and entrepreneurship, promotes artist development and encourages community tourism.

Self-Sufficiency Programs

The Cherokee Nation Self-Sufficiency Program is dedicated to building the assets of the tribal citizens by assisting participants through program services such as:

- Mortgage Assistance Program
- iSave
- Foreclosure Prevention Services
- Homebuyers' Education Classes
- Financial Coaching
- Small Business Assistance Center
- Artist Development
- Free tax preparation

General Contact 918-453-5536 or email: sbac@cherokee.org

Community Youth and Adult Services

Community Services Youth Development is to increase community organizations, tribal citizenship and participation by exposing youth to Cherokee communities and how they have survived and excelled through group or community actions.

- Cherokee Language Master/Apprentice Program
- Volunteer Program

Youth Community and Cultural Enrichment

This program promotes the learning of Cherokee culture, history, language and promotes community involvement through various activities and projects. It gives youth the chance to learn about community organization and encourages them to be involved in designing, planning and completing community projects. The goal is to provide youth the chance to learn and carry-on the Cherokee tradition of honoring nature by searching for, gathering and preparing native and traditional plants.

General Contact 918-453-5347

EDUCATION

About Education:

The Cherokee Nation Education Services continues to fulfill its purpose of cultivating the development of skilled and knowledgeable Cherokees through operations of programs that focus resources on serving people of all ages, from early childhood to adulthood. Tribal citizens can benefit from services provided by these programs, both within and outside the Oklahoma public school system.

Head Start – Early Childhood Unit

The mission of the Early Childhood Unit is to bring about a greater degree of social competence in children who may be disadvantaged. The ECU's approach is based on the philosophy that a child can benefit most from a comprehensive, interdisciplinary program to foster development and remedy problems through the involvement of the child's entire family as well as community.

Cherokee Nation Early Childhood Unit offers two options: Head Start, a classroom environment promoting early childhood development stages; and Early Head Start, serving children aged 6 weeks to 3 years old.

Early Head Start serves children ages 6 weeks to 3 years at centers in these areas:

Tahlequah	Cherry Tree
Jay	Pryor
Stilwell	Salina
Nowata	

Head Start serves children ages 3 years to 5 years old at the following areas:

Brushy	Hulbert
Inola	Kenwood
Stilwell	Rocky Mountain
Pryor	Salina
Shady Grove	Tahlequah
Webbers Falls	Zion

**For more information contact the Early Childhood Unit at (918)453-5757*

Immersion School

A language preservation program designed to revitalize the Cherokee language beginning with our children. *For more information on how to apply and additional requirements contact the Immersion school at (918) 207-4900. **Parents must apply in person.***

Tribal Youth Council

The Cherokee Nation Tribal Youth Council's purpose is to create future tribal leaders. Strive to act as a voice and role model for youth. Promote the mental and physical well-being of our youth, develop peer programs, and participate in community service projects. *Contact Education at (918) 453-5000 ext. 5341*

- At Large Tribal Youth Council
- Tribal Council

Scholarships

Students must be a Cherokee Nation citizen and reside within the 14-county reservation area or contiguous counties and attend an accredited public or private institution, unless otherwise noted. Proprietary institutions are not funded. If you live outside of the 14-county reservation you must be PELL eligible.

- Concurrent Enrollment Scholarship
- Valedictorian & Salutatorian Scholarship (VS)
- Undergraduate Scholarship
- Graduate Scholarship
- Directed Studies (DS)

College Resources (918) 453-5000 ext. 5465 or email: collegeresources@cherokee.org

Outreach Program

The Cherokee Nation College Resource Center Outreach Program targets students ranging from 6th grade through college.

Arts Outreach

Arts programs for schools and community groups are offered through the Cherokee Arts Institute.

Camp Cherokee

In addition, the Cherokee Arts Institute includes programs in CAMP Cherokee. This summer camp features classes in arts, traditional Cherokee crafts and STEM for up to 350 students entering the 6th-12th grade and is typically held in late July. For more

information about Camp Cherokee, please call (918) 453-5224 or email Camp@cherokee.org

Cherokee National Youth Choir

The Cherokee National Youth Choir performs traditional songs in the Cherokee language. The choir members are middle and high school youth between grades 7th through 11th; To schedule an audition or for more information, please contact Kathy Sierra 918-453-5638. You may also contact via e-mail at youthchoir@cherokee.org

Partners JOM

JOM - is designed to provide supplemental and/or operational support to public schools within Cherokee Nation boundaries serving students from three years of age through 12th grade. Each school district determines what services JOM may provide directly to the child- please contact child's school district to determine what resources may be available.

General Contact 918-453-5000 ext. 5341 or email education@cherokee.org

HEALTH

About Health Programs:

The Cherokee Nation operates a network of 8 health centers and one hospital throughout the Cherokee Nation. Other programs offered include EMS, Diabetes, Community Health, Cancer, Behavioral Health, the Jack Brown Center for youth and Cherokee Elder Care.

Behavioral Health Services

Offers a variety of services and programs. These include mental health and substance abuse services, community prevention, research, and evaluation. Outpatient services include individual and group therapy, grief and trauma counseling, substance abuse counseling, relapse prevention, parenting skills, psychiatry, psychological testing, and crisis intervention.

All health centers provide Adult Behavioral Health Services. Child and Adolescent services are currently offered in Tahlequah, Muskogee, Jay, and Nowata and are provided by the HERO project. Availability varies by location.

Hero Project

The HERO Project is an outpatient service of the Children's Behavioral Health unit. Our goal is to support our children, youth, families, and communities. We provide counseling and support services for families with children from newborn to 21 years of age who are citizens of a federally recognized tribe.

Therapeutic Services - Group, Family, Individual

Family Care Management

- Help find community resources (child care, parenting classes, social services, etc.)
- Collaborate with families to help set and meet their goals
- Provide psychoeducation classes for parenting support
- Advocate for families involved in systems (including schools, etc.)

Support for Parents and Caregivers

Circle of Security Parenting Program is an evidence based program for parents and caregivers of children birth to 6 years of age. Participants of this course meet once a week for 9 weeks, each session lasting 90 minutes.

Learning objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

For more information contact Behavioral Health 539-234-3500

Cherokee Nation Cancer Programs

The CNBCCP offers clinical breast exams, screening mammography, diagnostic mammography, biopsies, breast ultrasound, diagnostic follow-up, Pap smear test, colposcopy, LEEP (a diagnostic procedure), community outreach and case management. Eligibility: Services available to women ages 40-64 who are uninsured and are at or below 250 percent federal poverty level.

Cherokee Nation Breast & Cervical Cancer Early Detection Program (BCCEDP) and Comprehensive Cancer Control. Contact Margie Burkhart at 918-453-5000 ext. 5440 or email Margie-burkhart@cherokee.org. Also you can email health@cherokee.org

Cancer Programs Cancer Registry

Cherokee Nation is the only tribe in the U.S with a cancer registry. The Registry was funded initially in 1997 by the National Cancer Institute's Surveillance, Epidemiology and End Results (SEER) program. Among some of the information the registry collects are: type of cancer, stage of disease at the time of diagnosis (how far the cancer has advanced), and how and when cancer is diagnosed and treated.

For further information regarding the Cancer Registry call:

Sohail Khan, MPH; Principal Investigator
Sohail-khan@cherokee.org or by phone 918-453-5602

Travis Wickliffe, CTR; Registry manager/Registrar
Travis-wickliffe@cherokee.org or by phone 918-453-5453

Emergency Medical Services

CNEMS is a state-licensed paramedic level ambulance service owned and operated by the Cherokee Nation serving people in Cherokee, southern Delaware, northern Sequoyah and western Adair counties. CNEMS consists of three major components: ambulance services, communications and training.

Administrative Office: 918-453-5200 (Also for EMS Training)

Toll-Free: 1-888-238-7551

Email: emstraining@cherokee.org

Emergency Service: Dial 911

Health Centers

Three Rivers Health Center _____ PH: (918) 781-6500
1001 S. 41st St. East Muskogee Ok 74403

Cooweescoowee Health Clinic _____ PH: (918) 535-6000
395200 W. 2900 Rd Ochelata Ok 74051

Sam Hider Health Center _____ PH: (918) 253-1700
859 E. Melton Dr. Jay Ok 74346

Will Rogers Health Center _____ PH: (918) 273-7500
1020 Lenape Dr. Nowata Ok 74048

A-Mo Health Center _____ PH: (918) 434-8500
900 N. Owen Walters Blvd. Salina Ok 74365

Redbird Smith Health Center _____ PH: (918)744-1400
301 S. J.T. Stites Blvd. Sallisaw Ok 74955
Toll Free: 888-797-9159

Wilma P. Mankiller Health Center _____ PH: (918) 696-8800
471688 Hwy 51 Stilwell Ok 74960
Toll Free: 877-747-8800

Vinita Health Center _____ PH: (918) 256-4800
27371 S. 4410 Rd. Vinita, Ok 74301

Cherokee Nation W.W. Hastings Hospital _____ PH: (918) 458-3100
100 S. Bliss Ave Tahlequah, Ok 74464
Toll Free: 877-838-3100

***Mail Order Pharmacy Application available online**
Cherokee Nation Outpatient Health Center 539-234-1000

Healthy Nation

Provides outreach services to schools and communities, including wellness activities, health fairs, smoking and tobacco cessation classes, The Cherokee Challenge, WINGS running club, community recreation center, summer youth fitness camps and other culturally appropriate education activities.

General Contact:
health@cherokee.org
918-453-5000 ext. 5657

Jack Brown Center

The Jack Brown Center is a twenty-bed co-educational facility providing treatment in a residential setting for chemically-dependent adolescents. The program is intended to serve clients from 13 to 18 years of age who are experiencing serious substance abuse problems.

General Information: (918) 453-5500 or 877-448-0496

Application packet available on www.cherokee.org

Woman Infants and Children (WIC)

WIC is a federally-funded health and nutrition program for women, infants and children. The program is directed toward pregnant or nursing women, as well as infants and children less than five years of age.

WIC also provides nutrition education, breastfeeding support and referrals for healthcare and other community services. Participants must meet income guidelines. WIC serves women who are pregnant, postpartum, or breastfeeding; infants, and children under the age of 5. Within the Cherokee Nation WIC clinics are located inside the 14 county reservation providing services to more than 7,300 women, infants, and children each month. Contact your Cherokee Nation WIC Clinic in your community to set up an appointment or call **1- 800-256-0671** or **918-453-5000 ext. 5589**. Walk-ins are always welcome!

Oklahoma Breastfeeding Hotline 1 877-271-MILK (6455)

A 24-Hour Toll Free Breastfeeding Support Line for nursing mothers, their families, partners, prospective parents and health professionals. Cherokee Nation International Board Certified Lactation Consultants: 1-918-453-5591 or 1-918-207-6952

HOUSING AUTHORITY

About the Housing Authority:

The Housing Authority of the Cherokee Nation was created in 1966 to provide decent, safe, and sanitary housing within the Cherokee Nation. Today, nearly fifty years later, we continue that original mission and are dedicated to providing housing assistance through a number of programs. Nearly 6,000 families are assisted with housing through the HACN on a number of programs. As a sub-recipient of NAHASDA funding for the Cherokee Nation we administer low-income rental housing, rental assistance, college housing, and manage a number of homes previously constructed with federal housing funds.

Today, the HACN has renewed its commitment to providing new construction opportunities to Cherokee families. Through an innovative approach we offer a New Home Construction Program. This program uses funding outside of federal grant programs to provide housing. Preference is given to families that own their own land or has a family member that is willing to donate land for construction.

HACN staff is available to assist with completing an application in our offices throughout the Cherokee Nation. Staff may also be reached by phone at 918-456-5482 or toll free 800-837-2869 email: services@hacn.org

College Housing Assistance

The College Housing Assistance Program will provide students with up to \$1000.00 per semester for housing cost only. Contact 918-456-5482 or 1-800-837-2869

Mortgage Assistance Program (MAP)

This program provides qualified tribal members with down payment and closing costs assistance in obtaining a mortgage to purchase or construct a home. Contact Cherokee Nation Commerce at 918-453-5536 or sbac@cherokee.org

Community Shield Insurance

The Cherokee Nation's Community Shield Home Owner's Risk-Pool program provides basic coverage for the value of a dwelling and personal property. Contact 918-456-5482 ext. 1200 or 1-800-837-2869. Email: services@hacn.org

Rental Assistance Program

This program is designed to provide tribal members with decent, safe, and sanitary housing with Cherokee Nation jurisdictional boundaries. Income guidelines are 80% of National Median Income (NMI) or below. Once approved, families must find their own unit, unit must be approved and the landlord must be willing to enter into a contract. Contact 918-456-5482 ext. 1135 or email services@hacn.org

Low Income Rental Housing

The program's purpose is to provide rental housing units for low-income households. Contact 918-456-5482

New Home Construction

The program is designed to provide a set payment option allowing the family to rent to own the home. Houses are based on a basic floor plan of a modest size. Contact 918-456-5482 or 1-800-837-2869

HUMAN SERVICES

About Human Services:

This division is focused on providing direct client case management that provides immediate services to assist children and families within the reservation. By providing direct services it is the hope that it will lend to self-sufficiency within the 14 - county reservation.

John A. Ketcher Youth Center

The mission of the Cherokee Nation's John A. Ketcher Youth Center is to strengthen the wellness of children, youth and families through prevention and redirecting those who have gotten off track. The center is a short-term day service, all services at the John A. Ketcher Youth Center are free of charge and open to everyone regardless of race. For more information on hours of operations contact the number below.

General Contact:
918-458-4440

Toll Free: 877-696-8890 (Oklahoma Only)

Fax: 918-458-7655

Child Care and Development Programs

Offers a variety of different services for parents seeking child care and developmental resource services.

Child Care Subsidy

Cherokee Nation Child Care Subsidy helps parents pay for the cost of child care. There are 5 subsidy offices located in Tahlequah, Catoosa, Pryor, Stilwell and Sallisaw and 2 document drop off locations in Jay and Ochelata.

To be eligible, parents/guardians must meet the following guidelines:

- Be working, going to school, in need of protective services, and /or actively participating in a structured job search for the purpose of obtaining employment
- Meet income guidelines
- Have proof of citizenship in a federally recognized tribe
- Live within the Cherokee Nation 14-county service area
- Children must be age 12 and under, children with special needs may qualify for services up to age 19
- Use a Cherokee Nation licensed contracted provider or a relative provider that has been approved by Cherokee Nation Child Care Licensing, providers must be located within the 14-county CN service area

Documents needed to apply for child care subsidy:

- Proof of citizenship in a federally recognized tribe
- Birth certificate
- Proof of residence
- Income verification
- School schedule (if applicable)
- Custody (if applicable)
- Client Information Form
- Client Responsibility Form
- Employment Verification Form

How to apply for subsidy:

Parents/guardians may apply for subsidy in person, by email or fax. If the parent/guardian subsidy application is approved, certification lasts up to 12 months. To apply by email, call the child care office for caseworker contact information.

Website: www.childcare.cherokee.org/subsidy/

Phone: (918) 453-5300

Email: cdc_resource@cherokee.org

Child Care Licensing

Relative Child Care Provider Information:

Cherokee Nation subsidy allows use of relative providers. Registered Exempt (Relative) Providers are the grandparents, great grandparents, aunts, uncles, or adult sibling not living in the home of the child. The relationship can be by blood or marriage. Relative Providers are exempt from DHS licensing, but must meet tribal Health and Safety Standards of Operation and Quality of Service. Periodic monitoring visits are made. For

more information on how to apply to be a relative provider, please contact Child Care Licensing at (918) 453-5300 or email licensing at childcarelicensing@cherokee.org.

Child Development Centers

The Cherokee Nation is committed to providing quality child care for children and families. Cherokee Nation provides outstanding centers in Stilwell and Tahlequah.

For more information about services or enrollment contact:

Tahlequah Child Development Center
918-453-5070

Stilwell Child Development Center
918-696-3222

**Also see Early Childhood Unit under Education*

Child Care Resource Center

The Child Care Resource Center works with parents, child care providers, businesses, and community organizations to help promote the availability of quality child care services in the area. It provides parents parenting issues. Child care referrals are provided free-of-charge and information collected from families will remain confidential. The Child Care Resources Center offers valuable training and support services to new or established child care programs.

Looking for Child Care

The Child Care Resource Center can provide free child care referrals, matched with parent and family after hours and your call will be returned the following business day.

Phone: (918) 453-5300

Email: ccrc@cherokee.org

Website: www.childcare.cherokee.org/resource-and-referral/

Cherokee Connections

Cherokee Connections focuses services on relatives who are caring for children while their parents work or go to school. The program strives to improve the quality of child care for children who are cared for in relatives' homes, through a variety of learning opportunities for the relative caregivers and the children in their care. Program components include a year-long home visiting program.

Training/Technical Assistance/Resource Lending Library

Child Care Resource Center offers training, technical assistance, quarterly newsletters and a resource and lending library to child care providers and provides community outreach.

Cherokee PARENTS (Positive and Rewarding Educational, Nurturing Tribal Services)

Cherokee PARENTS is a 20 week, in-home, parent support program offered to Native American Families in the 14-county service area. Participants in the Cherokee PARENTS program will receive a weekly visit from a parent educator that will last approximately one hour. These weekly visits are scheduled at the convenience of the parent or caregiver. Cherokee PARENTS uses a curriculum called SafeCare, which includes home safety, health and Parent-Child (PCI) or Parent-Infant Interaction (PII). Each module lasts approximately 6 weeks, not including intake and discharge. Participants will gain valuable knowledge, earn monetary incentives, and receive invaluable tools and resources.

To be eligible, parent must:

- Live in the 14 county service area
- Have a child 0-5 years of age
- Does not have an active DHS or ICW case
- Child or Parent must be Native American

For more information or to sign-up please go to www.childcare.cherokee.org/resource-and-referral/home-visiting/ and complete the referral form in the download section.

General Assistance

This program is a financial assistance service for tribal citizens to address essential living needs. Assistance is based on welfare payment standards and is considered a secondary resource to the Department of Human Services TANF program and Social Security SSI program.

Families who are eligible for TANF and SSI are required by federal regulations to apply and comply with their guidelines and requirements.

Family Assistance also offers Burial assistance and LIHEAP services to eligible households. Please contact Family Assistance for more information

When families are not eligible for the General Assistance program or any other program within Family Assistance, then they are referred to other agencies. Referrals may be made to other agencies by sending a referral form to the other agency on behalf of the family.

***NOTE: You cannot receive General Assistance from Cherokee Nation if you are receiving assistance from another tribe. Contact Human Services at (918) 453-5422**

Tribal Emergency Assistance

The program was designed and approved by the tribal council to assist families in the time of imminent need. Imminent need is defined as basic needs of an individual or family that if not addressed immediately within 24-48 hours or less may result in hunger, loss of shelter, medical peril, job loss or family breakdown.

Emergency Housing Assistance

The program's primary focus is keeping families safe and in secure housing. Assistance is always made to the landlord or mortgage facility and in some cases utility companies. This assistance is a onetime payment to the vendor and payment is based on the family's need and their ability to remain self-sufficient. The family's income cannot exceed the current HUD income guidelines and the family must have sufficient income to maintain their housing. A family can only receive service in this category once in a three year period of time.

PRIORITY IS GIVEN TO ASSIST THOSE THAT ARE:

- Currently living in shelters
- Homeless families or individuals living on the streets or in cars
- Recent disasters such as burnouts, total loss of a home due to flood, fire or tornado.
- Elderly persons
- Cherokee Nation Indian Child Welfare cases
- Families residing in over-crowded conditions
- Families living in Cherokee Nation or state-subsidized housing and are at risk of becoming homeless.

School Clothing Voucher Program

The Cherokee Nation Clothing Voucher Program is funded through the Tribal Council. The overall goal of this program is to assist families with back to school expenses by providing financial assistance for school clothes for those attending public or private school. Applications are usually taken during the summer months.
Eligibility Requirements:

- Open to students enrolled in Kindergarten through 12th grade in a public/private school or a Cherokee Nation operated school.
- Student must be 5 years old by September 1.
- Must reside within the Cherokee Nation Tribal reservation.
- Must be a Cherokee Nation tribal citizen at time of application.
- Must meet income eligibility guidelines.

General Contact: 918-453-5000 or 1-800-256-0671

Food Distribution

The Cherokee Nation Food Distribution Program is dedicated to distributing nutritious foods to eligible tribal member households residing within the reservation boundaries of the Cherokee Nation and fall within USDA regulations. The amount of food a household is eligible to receive is determined by the number of household members that are certified to be income eligible for services. There are six actual food distribution stores throughout the fourteen county Cherokee Nation boundaries.

Food Distribution Sites

Tahlequah (Administration Office) _____ PH: (918) 207-3920
Cherokee Nation Complex Tahlequah, OK 74464 Toll Free: 1-800-865-4462

Collinsville _____ PH: (918) 371-4082
1101 N. 12th Collinsville, OK 74021

Jay _____ PH: (918) 253-8279
1501 Industrial Parkway Rd. Jay, OK 74346

Nowata _____ PH: (918) 273-0050
1018 Lenape Dr. Nowata, OK 74048

Salina _____ PH: (918) 434-8402
904 N. Owen Walters Blvd. Salina, OK 74365

Sallisaw _____ PH: (918) 775-1120
3400 W. Cherokee Sallisaw, OK 74955

Stilwell _____ PH: (918) 696-5171
HWY 59 South, Industrial Park Stilwell, OK 74960

Child Support Services

Child Support Services is more than just the money – it's about strengthening Cherokee relationships and families.

This is a free program which can assist you by providing DNA testing to establish paternity, completing services to establish a child support order; providing general location services, completing modifications of child support orders and monitoring and administering enforcement tools to ensure adherence to child support orders. The goal of the program is to establish, monitor and enforce child support orders so that there is regular consistent child support as that is ultimately in the best interest of the child.

Eligibility Requirements:

- A child under the age of majority, and whom is currently residing within the tribe's reservation service area.
- A child under the age of majority is defined as a person under the age of eighteen (18) years old or a person under the age of twenty (20) years old who has not graduated from high school and is regularly attending public or private school to complete their high school education.
- Child Support Services can also assist tribal citizens outside of the Cherokee Nation reservation service area, with limited enforcement activities.

For more information or to request an application, please contact:

Tahlequah Office: 918-453-5444

You may also visit one of our offices in Catoosa, Stilwell, Sallisaw, or Pryor

Toll free 1-866-247-5346 or via email at:

Childsupport1@cherokee.org

Visit our website at: <https://childsupport.cherokee.org/>

Cherokee First Program

Cherokee First is a resource located at the main CN complex for all Cherokee Nation citizens. They offer an array of information on Cherokee Nation. They also offer the Cherokee Community Leadership program to youth ages 10 to high school graduation in which applications start at the beginning of each fiscal year in October until all stipends are dispensed. This program offers financial stipends to youth if they are willing to contribute volunteer hours in approved areas. This same program extends this opportunity to anyone in vocational or college as well as adults 62 years of age and older. Please contact us at 918-453-5000 or human_services@cherokee.org.

INDIAN CHILD WELFARE

About Indian Child Welfare:

The division of Indian Child Welfare offers an array of protective services for children and families. The program will accept, investigate and record all reports of alleged abuse and neglect of children and provides protection to children directly on tribal trust land. Child Protective Services also works with the Department of Human Services to investigate the abuse or mistreatment of children residing outside the Cherokee Nation. The primary responsibility of Child Protective Services is to assess the safety of the child and take the appropriate action to protect and promote the best interest of the child.

What is child abuse?

Child abuse is defined by law as harm or threatened to harm a child's health and welfare through acts or neglect by the child's parent(s), legal guardian or caretaker.

- Physical Abuse: non-accidental physical injury to a child under the age of 18.
- Physical Neglect: failure to provide a child under the age of 18 with basic needs such as food, clothing, shelter, medical care, educational opportunity, protection or supervision.
- Sexual Abuse: sexual exploitation of a child or adolescent for the gratification of the perpetrator or another person.
- Psychological Maltreatment: rejecting, terrorizing, isolating, exploiting, corrupting, and/or denying emotional responsiveness.

Who is required to report child abuse?

EVERY PERSON, whether citizen or professional, with reasonable cause to believe that a child under 18 is being abused or is in danger of being abused, is required to report the suspicion of abuse by federal, tribal and state law.

When should someone report child abuse?

A report should be made when there is reasonable cause to believe that a child or adolescent has been abused or neglected or is in danger of being abused.

How should an abuse report be made? A report can be made to any county office of the Department of Human Services. Child abuse can also be reported 24 hours per day, seven days per week by calling the statewide child abuse hotline.

Statewide Child Abuse Hotline: 800-522-3511

You can also contact Cherokee Nation Indian Child Welfare Intake at 918-458-6900.

What information is needed when reporting abuse?

- Name of the child and family members
- Approximate age of the child (required) and family members gender of the child and family members
- Family address or directions to the child's home or current location (required)
- Family phone number
- Parents place of employment
- Description of suspected abuse (required)
- Current condition of the child (required)

Those reporting child abuse can remain anonymous.

Becoming a Placement Resource Home

Cherokee Nation welcomes a variety of Indian families from all over the U.S who are willing to be a resource for our Cherokee children & other Native American children. Cherokee Nation ICW actively recruits families from ALL federally recognized tribes.

A family willing to open their home to child(ren) in need of temporary or permanent care may apply to become a certified "Placement Resource home" with Cherokee Nation.

To learn more information or make an application Contact ICW or <https://icw.cherokee.org>

Foster Care and Adoptive Home Certifications

Cherokee Nation Indian Child Welfare accepts inquiries for families who want to become a certified foster or adoptive home for children who may be involved in the Court systems throughout the United States. The criteria includes being able to love, respect, nurture, protect and parent a child, being at least 21 years of age, a member of a federally recognized tribe, in good health, and able to provide adequately for a child's day to day needs. If you are interested, please email them at: homes4kids@cherokee.org or visit their website at icw.cherokee.org or their *Facebook* page: www.facebook.com/homesforcherokeekids.

Cherokee Nation Angel Project

The Cherokee Nation Angel Tree which is facilitated by the Indian Child Welfare division was established to help provide Christmas gifts to low income Native American children, living within the Cherokee Nation's boundaries. Applications are accepted each fall usually during the month of October and November. Angels are distributed to several trees located at Cherokee Nation offices.

Parents applying for Angle Tree assistance must provide:

- Proof of income for all household members over the age of 18
If a parent(s) is unemployed, please provide two letters from non-relatives verifying unemployed status
- A proof of tribal citizenship for each child applying
- Proof of residence within the 14 county reservation
- Clothing sizes for each child
- Two gift ideas for each child

General Contact: 918-458-6900
*Please check website or Cherokee Nation
Facebook page to determine application dates*

JUDICIAL

Cherokee Nation Tribal Courts are open to every person or entity within the 14 county reservation of the Cherokee Nation.

The District Court handles matters in the civil, criminal, and juvenile realms, while the Supreme Court hears cases of appeals and other matters as may be conferred by statute.

Cherokee Nation Judicial Branch

Mailing: PO Box 1097 Tahlequah, OK 74465

Physical: 17675 S. Muskogee, 2nd Floor (at the tribal complex in Tahlequah, Ok)

District Court: (918) 207-3900 Supreme Court: (918) 207-3990

Probation: (918) 207-3991 Fax: (918) 458-9572

MARSHAL SERVICES

The Cherokee Nation Marshal Service is a full-fledged, certified law enforcement agency with jurisdiction throughout the Cherokee Nation. The agency offers array of special teams focusing on prevention and justice in matters concerning criminal activities.

The Marshal Service provides an array of special emphasis units including:

- D.A.R.E.
- Dive Team
- Marshal Swift Water Rescue
- K-9
- Domestic Violence Presentations
- Methamphetamine Presentations
- Narcotics Unit
- Gang Awareness
- Vehicle Accident Investigation
- Special Operations Team

General Contact:

marshal-service@cherokee.org

918-207-3800 (non-emergency only)

For emergencies call 911

REAL ESTATE SERVICES

Real Estate Services is responsible for administering the laws, regulations, policies and procedures protecting and managing restricted and trust lands of individual within the 14-county reservation of Cherokee Nation as well as tribal-owned real estate property. Real Estate Services provides advice and technical assistance to Cherokee Nation departments, Native American landowners and the public in general for the benefit of these properties, all under a self-governance compact with the Secretary of Interior. Real Estate Services can also assist tribal citizens with writing their Last Will and Testament.

General Contact: 918-453-5000

TAX COMMISSION

The Cherokee Nation can register your motor vehicle and license your personal watercraft. In order to process your application you will need a title, serial number verification, bill of sale, driver's license, tribal citizenship card, proof of residency, lien information and a completed application.

Tahlequah Office _____ *PH: (918)453-5100*
120 E. Balentine Rd. Tahlequah, Ok 74464

Sallisaw Office _____ *Contact Tahlequah Office*
100 E. Choctaw Sallisaw, Ok 74955

Adair Office _____ *Contact Tahlequah Office*
215 W. Main Adair, Ok 74330

Collinsville Office _____ *Contact Tahlequah Office*
107 E. Main Collinsville, Ok 74021

Jay Office _____ *Contact Tahlequah Office*
1178 W. Cherokee Jay, Ok 74346

Catoosa Office _____ *Contact Tahlequah Office*
16200 E. Skelly Dr. Tulsa, Ok 74116

For Quotes Call (918) 453-5100 or Email: tags@cherokee.org

Hunting and Fishing

Must be a tribal citizen who is a resident of the State of Oklahoma and 16 years old or older may receive a compact license if he or she is otherwise eligible to hold a license. The compact license is not only valid for hunting & fishing but it also gives the license holder permission to use popular hiking trails located on lands owned by the Oklahoma Department of Wildlife Conservation. Even if you don't use your license at all, the Oklahoma Department of Wildlife Conservation will benefit by conservation and protection of wildlife habitats throughout the State.

For more information contact Hunting & Fishing: (918) 453-5333

TRANSPORTATION SERVICES

Providers

Cherokee Nation Transit has operation agreements with four providers in order to maximize the number of drivers, dispatchers, and vehicles available for public transportation services. Each provider is listed below along with contact information, service hours, and dispatch locations

Ki Bois Area Transit System (KATS):

Demand Response hours 8:00 am to 5:00 pm Monday – Friday except for holidays.

Dispatcher hours: In town rides are 8:00 am to 4:00 pm. Out of town (most areas) are 8:00 am to 3:30 pm.

- Stilwell Office (918) 696-4787
- Tahlequah Office (918) 453-1155
- Sallisaw Office (918) 775-7433
- Wagoner Office (918) 485-0059
- McIntosh Office (918) 689-1020

For a complete listing of all KATS office and services please visit www.kibois.org

Pelivan Transit System

Demand response service times vary by location.

Dispatch hours: during hours of operation.

Hours of operation traveling outside of the city/town limits vary dependent upon trip need.

- **Miami, OK (918) 542-1356**
Monday – Thursday 8:00am to 6:00pm
Fridays 8:00am to 8:00pm
Saturdays and Sundays 12:00pm – 8:00pm
- **Claremore, OK (918) 341-7300**
Monday – Thursday 8:00 am to 4:30pm
Fridays and Saturdays 8:00am to 8:00pm
- **Owasso, OK (855) 735-4826**
Mondays – Fridays 8:00am to 4:00pm

- **Grove, OK (918) 786-7516**
Mondays – Friday 8:00am to 4:00pm
- **Pryor, OK (918) 735-4826**
Mondays – Fridays 8:00am to 4:00pm
- **Vinita, OK (855) 735-4826**
Mondays – Fridays 8:00am to 4:00pm

For a complete listing of all Pelivan offices and services please visit
www.pelivantransit.org.

Muskogee County Transit Authority

Demand Response hours 6:00 am to 6:00pm Monday – Friday and 9:00am to 4:00pm on Saturdays.

Dispatcher hours: In town rides are 8:00am to 5:00pm Monday – Friday.

Muskogee Office (918) 682-1721

For a complete listing of all Muskogee County Transit services please visit
www.muskogeecountytransit.org.

Cimarron Public Transit System

Demand Response hours 8:00am to 5:00pm Monday – Friday with limited Saturday service, except holidays.

Dispatcher hours: 8:00am – 4:00pm

- Bartlesville Office (918) 336-2233 TDD: 800-722-0353

For a complete listing of all Cimarron services please visit
http://www.ucapinc.org/Transit_Sites.html

Commuter Routes

The Cherokee Nation Transit program in coordination with Pelivan Transit, Kibois Area Transit System (KATS) and Muskogee County Transit (MCT) have several commuter-routes that span over numerous counties. These commuter-routes are listed in a Multi-Purpose Schedule. The schedule is available in the download section on the Cherokee Nation website <https://transit.cherokee.org/commuter-routes/>. All commuter-routes are open to the public for anyone needing transportation to the specified locations within the established timeframes. Fares are \$1.00 round-trip or 50 cents one way with free rides on Fridays.

TRIBAL REGISTRATION

To be eligible for a Tribal Citizenship with the Cherokee Nation, you must be able to provide documents that connect you to an enrolled lineal ancestor, who is listed on the Dawes Rolls: These Rolls were taken between 1899-1906 of Citizens and Freedmen residing in Indian Territory (now NE Oklahoma).

Tribal Citizenship is issued through the biological parents. In adoption cases tribal citizenship must be proven through the natural parent to the enrolled ancestor. A copy of the Final Decree of Adoption (will list the Natural Indian parent) and an amended State Certified Birth Record (will list the adopting parents) must accompany the application. All information will remain confidential.

Photo ID? All you need is your driver's license or an ID. Call the registration department and they will be glad to assist you.

***General Contact: 918-458-6980 or 1-800-256-0671 you can also email the registration department at: registration@cherokee.org**

Need assistance with research?

The Cherokee Nation Heritage Center also has a genealogist available to assist people in researching their Cherokee ancestry for a fee. You can contact them at *(918) 456-6007* or by visiting their website at www.cherokeheritage.org

You can access the "DAWES ROLLS" at www.accessgenealogy.com or www.okhistory.org/research/dawes

If you are tracing to an ancestor that came from around Tennessee, Georgia, Eastern Alabama or South Carolina, you may want to correspond with:

The Eastern Band of Cherokee Indians Qualla Boundary
PO BOX 455
Cherokee NC 28719
828-497-4771
www.ebci.com

CHARLES L. HEAD ONE FIRE

The Charles L. Head O.N.E. F.I.R.E. Against Violence Victim Services Office provides services to increase the safety for victims of crime. O.N.E. F.I.R.E. stands for Our Nation Ending Fear, Intimidation, Rape, and Endangerment. They will provide victim advocacy services for those who may need emergency assistance from family violence situations.

The One Fire program advocates will assist with referrals for domestic violence shelters, Legal help, counseling, support groups. In addition they will assist with accompanying the victim to court proceedings, assisting them with competing police reports and assists in explaining court procedures. They will work toward identifying any necessary services for you and your children.

Cherokee Nation ONE FIRE Victim Services
17846 South Muskogee Ave.
Tablequah, OK 74464
Main Office (918) 772-4260
After-hours Emergency Hotline: 1-866-458-5399
One-fire@cherokee.org

Domestic Violence Shelters

Domestic violence shelters generally have room for both mothers and their children. The shelter will provide for all your basic living needs, including food and childcare. The length of time you can stay at the shelter is limited, but most shelters will also help you find a permanent home, job, and other things you need to start a new life. The shelter should also be able to refer you to other services for abused and battered women in your community which include the following:

- Legal Help
- Counseling
- Support Groups
- Services for your children
- Employment Programs
- Health-Related Services
- Educational Opportunities
- Financial Assistance

Cherokee Nation does not currently have a women's shelter, however, there are shelters that are within the 14-county reservation that we work with.

**RESOURCES AVAILABLE
OUTSIDE OF CHEROKEE NATION**

OKDHS

Adult Abuse

Oklahoma Adult Protective Services ————— 1 (800)522-3511

Oklahoma Nursing Home Hotline ————— 1 (800)747-8419

Family Support & Prevention Service ————— 405-271-7611

Child Abuse and Neglect

Cherokee County (Help in Crisis Center) ————— PH: (918)456-0673
205 N. College Tahlequah, Ok 74464

Crisis Hotline ————— PH: 1 (800)300-5321

OKDHS Abuse and Neglect Hotline ————— PH: 1 (800)522-3511

Department of Health www.ok.gov/health

Adair County ————— PH: (918)696-7292
600 W. Hickory Stilwell, Ok 74960

Cherokee County ————— PH: (918)456-8826
912 S. College Tahlequah, Ok 74464

Craig County ————— PH: (918)256-7531
115 East Delaware Vinita, Ok 74301

Delaware County ————— PH: (918)253-4511
432 S. 9th Street Jay, Ok 74346

Mayes County ————— PH: (918)825-4224
111 Northeast First Pryor, Ok 74361

McIntosh County ————— PH: (918)473-5416
29 Hospital Road Eufaula, Ok 74432

Muskogee County ————— PH: (918)683-0321
530 South 34th Street Muskogee, Ok 74401 (877)596-1596

Nowata County _____ PH: (918)341-3166
2664 N. Highway 88, Unit A Claremore, Ok 74017

Ottawa County _____ PH: (918)540-2481
1930 North Elm Miami, Ok 74354

Rogers County _____ PH: (918)341-3166
2664 N. Highway 88, Unit A Claremore, Ok 74017

Sequoyah County _____ PH: (918)775-6201
612 N. Oak Sallisaw, Ok 74955

Tulsa County _____ PH: (918)582-9355
5051 S. 129th East Avenue Tulsa, Ok 74133

Wagoner County _____ PH: (918)485-3022
212 North Pierce Wagoner, Ok 74467

Washington County _____ PH: (918)335-3005
5121 S.E. Jacquelyn Lane Bartlesville, Ok 74006

Department of Human Services

Adair County _____ PH: (918)797-2900
83346 S 4700 Rd (Section Line Rd) Stilwell, Ok 74960 Toll Free: 1-800-225-0049

Cherokee County _____ PH: (918)207-4500
1298 W. Fourth St. Tahlequah, Ok 74464 Toll Free: 1-800-225-9868

Craig County _____ PH: (918)713-5000
310 N. Wilson Vinita, Ok 74301 Toll Free: 1-800-572-6844

Delaware County _____ PH: (918)435-3001
438 S. 9th St. Jay, Ok 74346 Toll Free: 1-800-433-6772

Mayes County _____ PH: (918)824-4900
501 S. Elliott Pryor, Ok 74361 Toll Free: 1-800-815-7572

McIntosh County _____ PH: (918)689-1200
25 Hospital Rd. Eufaula, Ok 74432 Toll Free: 1-800-219-3238

Muskogee County _____ PH: (918)684-5300
727 S. 32nd Muskogee, Ok 74403 Toll Free: 1-800-815-7573

Nowata County _____ PH: (918)273-2327
309 Delaware Nowata, Ok 74048 Toll Free: 1-800-815-7574

Ottawa County _____ PH: (918)541-2400
 2114 Denver Harnar Dr. Miami, Ok 74354

Rogers County _____ PH: (918)283-8300
 2020 Suite 100 Claremore, Ok 74017 Toll Free 1-800-270-0804

Sequoyah County _____ PH: (918)776-8000
 502 George Glenn Blvd. Sallisaw, Ok 74955-7062 Toll Free: 1-800-270-0805

Tulsa County _____ PH: (918)430-2300
 3666 N. Peoria Tulsa, Ok 74106 Toll Free: 1-800-734-7509

444 S. Ave #1 Tulsa, Ok 74127 _____ PH: (918)581-2401
 Toll Free: 1-800-734-7516

Wagoner County _____ PH: (918)614-5000
 102 N.E. Seventh St. Wagoner, Ok 74467 Toll Free: 1-800-734-7518

Washington County _____ PH: (918)338-5700
 205 Jacquelyn Ln. Bartlesville, Ok 74006 Toll Free: 1-800-734-7512

CHILD CARE

Contact your local DHS office on child care or visit the OKDHS website at: www.okdhs.org

CLOTHING

Golden Rule Thrift Shop _____ PH: (918)682-6500
 1305 Park Hill Rd Tahlequah Ok 74464

Help-In-Crisis, Inc. _____ PH: (918) 456-0673
 205 N. College Ave. Tahlequah, Ok 74464 Crisis Hotline: 1-800-300-5321

Kings Aid Station _____ PH: (918)458-0350
 706 Cherry Street Tahlequah, Ok 74464

Vian Peace Center _____ PH: (479)739-5351
 208 Scheley Vian, Ok 74962 PH: (918)773-8000

Catholic Charities

Bartlesville – Mary Martha Outreach _____ PH: (918)337-3703

Broken Arrow-Ministry of Compassion _____ PH: (918)994-1451

Muskogee Helping Center _____ PH: (918)681-6115

Sallisaw Helping Center _____ PH: (918)775-6111

ZOE Institute INC. _____ PH: (918)453-9778

Zoe Institute is an independent organization helping single mothers with a place to get food & clothing for themselves & their children. Since then Zoe Institute has become a multi-functioning agency that is equipped to provide both temporary relief and assistance in discovering long term solutions by connecting clients with resources and networking people to find the assistance that they need. For more information contact them at the number above.

COUNSELING - MENTAL HEALTH - SUBSTANCE ABUSE

National Suicide Prevention Hotline _____ Toll Free: 1 (800) 273-8255

Alcoholics Anonymous (AA) _____ Toll Free: (918)627-2224

Substance Abuse & Mental Health Services Administration 24/7 _____ 1-800-662-4357

Addiction Campuses _____ 888-816-8415

CREOKS Mental Health

Bartlesville Clinic _____ PH: (918)336-0810
401 S. Dewey Ave, Ste 108 Bartlesville, Ok 74003

Claremore Clinic _____ PH: (918)342-2080
24797 S. Hwy 66, Suite 5 Claremore, Ok 74019

Miami Clinic _____ PH: (918)542-6412
203 2nd Ave. SW Miami, Ok 74354

Muskogee Clinic _____ PH: (918)687-7064
1139 N. Main St Muskogee, Ok 74401

Sallisaw Clinic _____ PH: (918)775-5513
1108 N. Wheeler Sallisaw, Ok 74955

Stilwell Clinic _____ PH: (918)696-6212
716 S. 2nd St. Suite 103 Stilwell, Ok 74960

Tahlequah Clinic _____ PH: (918)207-0078
711 S. Muskogee Ave. Tahlequah, Ok 74464

Tulsa Clinic _____ PH: (918)382-7300
4103 S. Yale Ave, Ste. B Tulsa, Ok 74135

Vinita Clinic _____ PH: (918)256-9961
120 E. Illinois Ave Vinita, Ok 74301

Wagoner Clinic _____ PH: (918)485-0242
109 S. Harrill Ave Wagoner, Ok 74467

ParentPRO

ParentPro promotes Oklahoma families with young children by linking you with programs that best fit your family. Professionals help reduce the stress that comes with being a parent by modeling skills, providing information, and connecting to resources.

The programs are designed to:

- Reduce parental stress
- Promote health
- Increase family communication
- Improve parent-child bonding
- Help manage child behavior
- Promote learning about your child's development

For more information call 1-877-271-7611 or visit their website at

www.parentpro.org

Improving Lives

Improving Lives Counseling Services is dedicated to helping people live better lives. We provide high quality counseling services in Tahlequah to adults, children, couples and families in a professional, non-judgmental, supportive and friendly environment.

Counseling services including: marriage counseling, therapy services, family counseling, depression counseling, many other counseling & therapy services.

For more information you can contact them at: (918)506-4012.

OK Treatment Services, LLC. _____ PH: (918)427-3344
117 E. Ray Fine Blvd Roland, Ok 74954

People, Inc.

Sallisaw Office _____ PH: (918)775-7787
210 N JT Stites BLVD Sallisaw, Ok 74955 800-318-6866

Email: info@peopleinc.org

Tahlequah Office _____ PH: (918)453-1217

Stilwell Office _____ PH: (918)696-5536

Viewpoint Counseling Center _____ PH: (918)790-2292
204 E. Choctaw Ave Sallisaw, Ok 74955

DISABILITIES

KI BOIS Community Action Disability Programs _____ PH: (918)967-3325
www.kibois.org 800-299-4479

Social Security Administration _____ 877-575-5195
2401 W Shawnee St Muskogee, Ok 74401 918-687-2394

March of Dimes Foundation (MOD) ————— (405)943-1025
www.marchofdimes.org/ok

Autism Center of Tulsa ————— PH: (405)355-2525
6585 S. Yale Ave., Suite 410 Tulsa, Ok 74136 lindsi.hancock@autismoklahoma.org

Multiple Sclerosis Society of America ————— PH: (918)488-0882
2526 E 71st St, Suite A Tulsa, Ok 74136 800-344-4867
www.nationalmssociety.org

Muscular Dystrophy Association (MDA) National Office ——— PH: 520-529-2000
161 N. Clark, Suite 3550, Chicago, IL 60601 800-344-4863
www.mda.org

National Easter Seal Society ————— 800-221-6827
www.easterseals.com

Oklahoma Department of Rehabilitation Services ————— 405-951-3400
3535 N.W 58th Street Suite 500 Oklahoma City, Ok 73112 800-845-8476

Parkview School for the Blind ————— PH: (918)781-8200
3300 Gibson Muskogee, Ok 74403 877-229-7136

Social Security Administration

Adair, Cherokee, Muskogee Counties ————— 800-772-1213
2401 W. Shawnee St Muskogee, Ok 74401 1-877-575-5195 (Muskogee)

Leflore, Haskell, Sequoyah Counties ————— Toll Free: (877) 405-7697
1306 Tarby Rd. Poteau, Ok 74953

Nationwide ————— (800)772-1213

DOMESTIC VIOLENCE/SEXUAL ASSAULT SERVICES

Crisis Center for Women (Sequoyah County) ————— PH:479-782-4956
1-800-359-0056

Women Crisis Center Services ————— (24 Hour) 918-647-4198
109 Beard Ave, Ste 110 Poteau, Ok Hotline (918)647-9800

Adair County ————— PH: (918)696-6865
P.O. Box 1211 Stilwell, Ok 74960 TOLL FREE: 1 (800) 300-5321
www.helpincrisisinc.org

Cherokee County ————— PH: (918)456-0673
205 N. College Tahlequah, Ok 74464 TOLL FREE: 1 (800) 300-5321

Sequoyah County ————— PH: (918) 967-3277
(918) 967-2512
www.kibois.org

National Sexual Assault Crisis Line _____ 1-800-656-4673

National Domestic Violence Hotline _____ TOLL FREE: 800-799-SAFE (7233)
www.ndvh.org

Reach-Out Hotline _____ 800-522-9054
(for mental health or substance abuse issues)

Safeline _____ 800-522-7233
(for domestic violence)

Oklahoma Department of Mental Health & Substance Abuse _____ 405-522-3908

Safenet (Claremore) _____ PH: (918)341-1424
1219 W. Dupont St, Claremore, OK 74017

Domestic Violence Intervention Services (DVIS) _____ PH: (918)743-5763
3124 E Apache St, Tulsa, OK 74110

**If you are in need of Protective Services Call: (918) 967-3277 or (877) 810-5637*

National Human Trafficking Hotline _____ 1-888-373-7888

National Dating Abuse Hotline _____ 866-331-9474

National Sexual Assault Hotline _____ 800-656-4673

EDUCATION

Adair County Public Library _____ PH: (918) 696-7512
5 N. 6th St. Stilwell, Ok 74960

Cherokee County Public Library _____ PH: (918)456-2581
120 S College Ave Tahlequah, Ok 74464

Adult Learning Resource Center
Adair and Sequoyah County _____ PH: (918)776-0976
312 S. Walnut St. Sallisaw, Ok 74955

Tahlequah Adult Learning Center (Cherokee County) _____ PH: (918)453-1327

Indian Capital Technology Center
Adair County _____ PH: (918)696-3111
Cherokee County _____ PH: (918)456-2594
McIntosh County _____ Call Muskogee Campus
Muskogee County _____ PH: (918)687-6383
Sequoyah County _____ PH: (918)775-9119

CDI Head Start _____ PH: (918)431-1888
1400 Hensley Dr. Tahlequah, Ok 74464
Serving Adair, Cherokee, McIntosh and Sequoyah Counties

FOOD PANTRY

CARE Food Pantry ————— PH: (918)458-5338
220 N. Muskogee Tahlequah, OK 74464

Stilwell Food Pantry (ACRC) ————— PH: (918)696-4470
110 S 2nd St Stilwell, Ok 74960

Hope Center Inc. ————— PH: (918)723-4673
829 W. Elm Westville, Ok 74965

Muldrow 1st Assembly of God Food Pantry ————— PH: (918)427-4091
200 W. Sequoyah Street Muldrow, OK 74948

Muldrow East Side F.W.B. Food Pantry ————— PH: (918)427-5116
613 E. Sequoyah Muldrow, OK 74948

Vian Peace Center ————— PH: (918)773-6374
202 Scheley Vian, OK 74962

ZOE Institute INC. ————— PH: (918)453-9778

EMPLOYMENT

Workforce of Oklahoma

Adair County ————— PH: (918) 696-6608
219 West Oak Stilwell, OK 74960

Cherokee County ————— PH: (918)456-2561
1755 S. Muskogee Ave Tahlequah, Ok 74464

Sequoyah County ————— PH: (918)776-0416
100 E. Choctaw Ave Sallisaw OK 74955

Tulsa American Job Center ————— PH: (918)796-1200
201 W 5th Street Suite 200 Tulsa, Ok 74103

HEALTH

American Heart Association ————— PH: (918)877-8359
2227 S. Skelly Drive Tulsa, Ok 74105
1-800-242-8721

March for Babies ————— 1-888-274-3711
To learn more information call the number above for visit the website at:
www.marchforbabies.org

Sallisaw Health & Wellness Center _____ PH: (918)790-2653
1630 S Kerr Blvd Sallisaw, Ok 74955

RX for Oklahoma _____ State Wide Number: 877-RX4-OKLA

Sooner Care Helpline _____ 800-987-7767
(Hearing Impaired) 800-757-5979

SoonerRide _____ 877-404-4500
Arranges for non-emergency transportation for members who have no other way to get to medical services. Available Monday - Saturday from 8am - 6pm.

SAMHSA National Helpline _____ 1-800-662-4357

Sooner Care Nurse Advice Line _____ 800-530-3002

Improving Lives _____ 918-960-7852
308 E. Downing St Tahlequah, Ok 74464
Offers services for depression counseling, marriage counseling, therapy services, family counseling and many other counseling and therapy services.

HEALTH CLINICS

Good Shepherd Health Clinic _____ PH: (918)683-8080
2130 W. Okmulgee Muskogee, Ok 74401

MHC Hulbert Health Center _____ PH: (918)772-1232
127 E. Main Hulbert, Ok 74441

NEO Health Muskogee _____ PH: (918)683-0470
1328 S. York St Muskogee, Ok 74403

NEO Health Westville Family Medical Center _____ PH: (918)723-3997
761 Buffington Westville, Ok 74965

NEO Health Women's Care Center _____ PH: (918)456-2496
1500 E. Downing St. Suite 208 Tahlequah, OK 74464

HOSPITALS

Muskogee Community Hospital _____ PH: (918)687-7777
2900 N. Main Street Muskogee, Ok 74401

Muskogee Regional Medical Center _____ PH: (918)682-5501
300 Rockefeller Drive Muskogee, Ok 74401

Sequoyah Memorial Hospital ————— PH: (918)774-1100
213 E. Redwood Sallisaw, Ok 74955

Stilwell Memorial Hospital ————— PH: (918)696-3101
1400 W. Locust Stilwell, Ok 74960

Tahlequah City Hospital ————— PH: (918)456-0641
1400 E. Downing Tahlequah, Ok 74464

VA Medical Center ————— PH: (918)577-3000
1011 Honor Heights Drive Muskogee, Ok 74401

W.W. Hastings Indian Hospital ————— PH: (918)458-3100
100 S. Bliss Ave Tahlequah, Ok 74464

Cherokee Nation Outpatient Health Clinic ————— PH: (539)234-1200
19600 E Ross St. Tahlequah, Ok 74464

HOUSING

Stilwell Housing Authority ————— PH: (918)696-2494
801 North 4th Street Stilwell, Ok 74960

Garden Walk of Stilwell ————— PH: (918)696-3957
802 Skywood Dr. Stilwell, OK 74960

Garden Walk of Tahlequah ————— PH: (918)456-0561
18165 W 798 Rd Tahlequah, OK 74464

Ozark Ridge Affordable Housing ————— PH: (918)453-2717
1331 W Ozark St. Tahlequah, OK 74464

Muskogee Housing Authority ————— PH: (918)910-5489
220 N. 40th St Muskogee, OK 74401

Tulsa Housing Authority Central Office ————— PH: (918)582-0021

Oklahoma Housing, Finance Agency ————— PH: 405-848-1144
205 NW 63rd St. STE 140 Oklahoma City, Ok 73116

LEGAL SERVICES

Legal Aid Services _____ PH: (918)708-1150
224 S. Muskogee Ave Tahlequah, Ok 74464 1-888-534-5243

Oklahoma Indian Legal Services _____ 405-943-6457
4200 Perimeter Center Dr. Oklahoma City, Ok 73112 Toll Free: 1-800-658-1497
Services all of Oklahoma

Early Settlement Mediation

In mediation, a neutral, third party helps those in conflict define issues, explore solutions and reach practical, workable, and mutually satisfactory agreements. Mediation seeks to prevent conflicts from escalating, saving everyone involved the time and expense of going to court.

Services offered are the following:

- | | | |
|---------------------------|----------------------|---------------|
| - Small Claims | - Adult Guardianship | - Real Estate |
| - Child Permanency | - Neighbors | - Civil |
| - Divorce & Child Custody | - Parent/School | - Family |
| - Consumer/Merchant | - Landlord/Tenant | - Community |

East Program _____ PH: (918)444-3008
601 North Grand Avenue (Dobbins Building #001) Tahlequah, Ok 74464
Serving Adair, Cherokee, Delaware, Mayes, Muskogee, Sequoyah, and Wagoner Counties

Northeast Program _____ PH: (918)338-8027
401 South Dewey Suite 217 Bartlesville, Ok 74003
Serving Craig, Nowata, Osage, Ottawa, Rogers, and Washington counties

Tulsa Program _____ PH: (918) 596-7786
600 Civic Center Suite 108 Tulsa, Ok 74103
Serving Tulsa Area and Parts of Osage and Wagoner Counties

LIBRARIES

John F. Henderson, Public Library _____ PH: (918)723-5002
116 Williams Ave Westville, Ok 74965

Stilwell Public Library _____ PH: (918)696-7512
5 N. 6th Street Stilwell, Ok 74960

Hulbert Community Library _____ PH: (918)772-3383
210 North Broadway Hulbert, Ok 74441

Tahlequah Public Library _____ PH: (918)456-2581
120 South College Tahlequah, Ok 74464

Tulsa City County Library _____ PH: (918)549-7323
400 Civic Center Tulsa, Ok 74103

The Henry Zarrow Tulsa City – County Library _____ PH: (918)549-7323
2224 W 51st Tulsa, Ok 74107

Stanley Tubbs Memorial Library _____ PH: (918)775-4481
101 East Cherokee Ave Sallisaw, Ok 74955

SHELTERS

Gospel Rescue Mission Inc. _____ PH: (918)682-3489
326 S. 2nd St Muskogee, Ok 74401

Hope House of Cherokee County _____ PH: (918)456-4673
1619 N. Vinita Ave. Tahlequah, OK 74464

John Ketcher Youth Shelter _____ PH: (918)458-4440
21834 S. Jules Valdez Tahlequah, Ok 74464

Tahlequah Men's Shelter _____ PH: (918)708-2015
118 W. Keetoowah St Tahlequah, OK 74464

TRANSPORTATION

KATS Transit

Serving Adair, Cherokee, Wagoner, Sequoyah, & McIntosh counties

- Toll Free Number – 1-800-289-7228

Serving Craig, Delaware, Mayes, Nowata, Ottawa, & Rogers counties

- Toll Free Number – 1-800-482-4594

Sooner Ride _____ Toll Free: 1 (877)404-4500

VOLUNTEER OPPORTUNITIES

American Red Cross _____ PH: (918)456-8788
1051 E. 11th St. Tulsa, Ok 74128
Toll Free: 1-800-733-2767

CASA (Court Appointed Special Advocate for Kids) ————— PH: (918)456-8788
304 W. Keetoowah St. Tahlequah, Ok 74464

YOUTH ACTIVITY CENTERS

Boys & Girls Club

Cherokee County ————— PH: (918)456-6888
400 W. Morgan Tahlequah, Ok 74464

Sequoyah County ————— PH: (918)775-4649
208 S Main St Sallisaw, Ok 74955

Other Tribes

Chickasaw Nation ————— PH: (580)436-2603
520 E. Arlington Ada, Ok 74820

Choctaw Nation ————— PH: (800)522-6170
1802 Chukka Hina Durant, Ok 74701

Creek Nation ————— PH: (918)732-7600
HWY 75 & Loop 56 Okmulgee, Ok 74447

Seminole Nation of Oklahoma ————— PH: (405)257-7200
Wewoka, Ok 74884

CALL 211

What is 211? 211 is highly trained specialists available 24/7 to help access the best local resources and services to address any need. Reach out to 211 to speak with a community resource specialist in your area who can help find you services and resources that are available to you locally and provide critical services that can improve – and save – lives. You will find help with:

- Supplemental Food and Nutrition Programs
- Shelter and Housing Options and utilities assistance
- Emergency Information and disaster relief
- Employment and Education Opportunities
- Services for veterans
- Health Care, Vaccination and Health Epidemic Information
- Addiction Prevention and Rehabilitation Programs
- Reentry Help for Ex-Offenders
- Support groups for individuals with mental illnesses or special needs
- A safe, confidential path out of physical and/or emotional domestic abuse

**211 is Completely Confidential*

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Cherokee Nation Office of Child Support Services & Child Care has in good faith, made every effort to assure that the information in this publication is complete, current and accurate.

The information contained within this publication is courtesy of numerous sources; namely, www.cherokee.org, www.yellowpages.com, and www.okdhs.org.

This publication has been created to help you connect with the resources in your community. Be advised that other services both tribal and non-tribal, are available that are listed in this publication.

The content provided in this publication is not exhaustive and is subject to change. While services listed in this publication may very well suit a particular client's needs, other services not listed herein may be available in the community that might better meet an individual's specific needs or serve them equally as well.

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DO YOU NEED HELP PAYING FOR CHILD CARE?

You may qualify for Cherokee Nation Child
Care & Development child care subsidy!

ELIGIBILITY GUIDELINES

- Parents must be working/going to school
- Meet income guidelines
- Proof of citizenship in a federally recognized tribe
- Live within 14-county Cherokee Nation reservation
- Children must be age 12 or under
(children with special needs up to age 19)

Household income must be at or below the amount listed below for your family size to receive assistance with paying child care. Contact a Child Care & Development Subsidy Caseworker for more information at 918.453-5300.



85% State Median Income

Note: Clients not classified as self employed are eligible for a work related expense deduction of 35% of the total gross income.

Family Size	Yearly	Monthly
1	\$32,478	\$2,707
2	\$42,471	\$3,539
3	\$52,465	\$4,372
4	\$62,458	\$5,205
5	\$72,451	\$6,038
6	\$82,445	\$6,870
7	\$84,318	\$7,027
8	\$86,192	\$7,183
9	\$88,066	\$7,339
10	\$89,940	\$7,495

918-453-5300

childcare.cherokee.org/subsidy

