

CHEROKEE NATION

ELDER NUTRITION PROGRAM

SGLGᎠᎠᎠᎠᎠᎠ
Visit one another with love

March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pizza, Corn, Salad, & Cookie	3 Indian Taco w/the fixings, & Fruit Salad	4 BBQ Bologna, Cole Slaw Baked Beans, Bread, & Brownie	5 Chicken Strips, Roll, Gravy, Mashed Potatoes, Italian Blend, & Mixed Fruit	6 Grilled Cheese w/Bologna, Lettuce, Tomato, Onion Rings, & Cake
9 Grilled/Baked Ham, Bread, Scalloped Potatoes, Italian Blend, Chocolate Pudding	10 Cook's Choice	11 Vegetable Soup, Cheese Toast, Fried Squash, & Banana Pudding	12 Cheeseburger or Hamburger, w/the fixings, Potato Wedges, & Cobbler	13 Chicken Fajita, Spanish Rice, Beans, Tortilla, & Pineapples
16 Noodles w/Beef, Brown Gravy, Green Beans, Garlic Toast, Brownie	17 Oven Fried Chicken, Mashed Potatoes w/Gravy, Carrots, Roll, & Peaches	18 BREAKFAST - Pancakes, Scrambled Eggs, Bacon or Sausage, & Tropical Fruit	19 Chili Dog w/Cheese, Fries or Tots, & Cake	20 Meatloaf, Mashed Potatoes w/Gravy, Green Beans, Roll & Pears
23 Teriyaki Chicken, Asian Fried Rice, Steamed Broccoli, & Pineapples	24 Pork Tenderloin Bites, Black eyed Peas, Cabbage, Fry Bread, & Banana Pudding	25 Cook's Choice	26 Chicken Fried Steak, Mashed Potatoes, Carrots, Roll & Mixed Fruit	27 Taco Burgers, Fries or Tots, Cole Slaw, & Cake
30 Beef Enchilada Casserole, Spanish Rice, Beans, & Cobbler	31 Ground Beef Stew, Fried Okra, Cornbread, & Cake			

