



Traditional Indian Food Cook-Off

BASIC INFORMATION

1. Each team will consist of up to but not more than four members. One member will be designated as the “Chief Cook”.
2. Cook-off entry is limited to ten (10) teams.
3. All team members must be 18 years of age or older and have a current food handler’s card.
4. All ingredients must be prepared on site the day of the cook-off (from scratch).
5. Each team will be preparing a traditional meal from a pre-selected menu. (Please see attached).
6. The cooking and preparation period will be a maximum of four (4) hours.
7. Teams must provide all ingredients they intend to use, except pork.
8. Teams must supply all needed equipment and supplies.
9. Each team must cook for at least 40 people.
10. Each team must turn in this completed form and a menu with completed side dish and dumpling selections.
11. Completed entry forms and menus can be turned in to Pam Bakke at Community Youth Development/Community Services at the main Cherokee Nation Complex in Tahlequah or Faxed to Pam Bakke @ (918) 456-5692.

Full entry information and rules can be obtained by calling (918) 453-5347 or cell (918) 207-6562
or e-mailing pam-bakke@cherokee.org

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ALL TEAM MEMBERS MUST READ AND SIGN ENTRY FORM

I have read and understand all rules and criteria for my participation in this competition and accept the conditions of my participation in this event. By my signature, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all event sponsors, officials, volunteers and the Cherokee Nation from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event whether same be cause by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

1. Team Name: _____

2. Mailing Address: _____

3. Phone Number: _____

4. Team Members:

(Print Name) (Chief Cook) (Signature) (Chief Cook)

(Print Name) (Signature)

(Print Name) (Signature)

(Print Name) (Signature)

Copies of all team members current food handler's cards must be attached to entry form or turned in at check in.

**ENTRY DEADLINE IS AUGUST 17, 2011 @ 5 p.m.
FAX # (918) 456-5692**